

Join a

Community Circle

and support someone in your local community to live a more connected life



Often people want to support others, but they don't know how to go about it or they are worried about getting it wrong!

- Do you want to help someone in your local community but don't know how?
- Are you looking for a structured way to use your skills within your community to support others?

Becoming a member of a Community Circle could be just what you are looking for!

Community Circles bring together family, friends and volunteers in an organised way to help a person live a better, more connected life.



Community Circles enable you to play a role that works for you and the person you are supporting. But they go further than that - every Circle has the support of a trained Facilitator and the Community Circles+ App that makes sure everyone knows their role and what it involves. It's a great way to keep everyone connected, informed and on track.

Whether you are a friend, family member, neighbour or support a person in a paid capacity, you can be invited into a person's Circle. Every Circle is different based on the roles that Circle members play, and that's why they work. Because they are about bringing people together in a meaningful and organised way, where everyone has a part to play and everyone feels special being asked.

Not only will Circles give you an opportunity to connect with people with different needs and interests, they've also been proven to have a positive impact on your own health and well-being.



Roles of a Community Circle Member

Roles played by Circle Members vary and can be anything you offer from helping with the shopping, cooking a meal, dropping in for a friendly chat, or even taking the person out for some fun! They may even focus on supporting someone to find a job, explore a new hobby, or re-connect with an old one.

The focus of Community Circles are all about matching the person in the centre with the people who can help them live a better, more connected life, and that's why we like to refer to Circles as "the community way to help people organise their everyday".

Find out more...

Submit an Expression of Interest to Be Involved at <https://communitycirclesaustralia.com.au/be-involved/>

- Contact us at John Perkins 0415 607 055
john.perkins@touchedbyolivia.com.au or
Justine Perkins 0414 207 495
justine@touchedbyolivia.com.au
- Or go to www.touchedbyolivia.com.au/community-circles
- Or scan the QR code



Community Circles forms part of the work of Touched by Olivia Foundation, a charity that believes that community connections are the key to creating a more inclusive world.

www.touchedbyolivia.com.au/community-circles

Your Commitment

So, if you want to be a more involved contributor in your community, talk to us about how to join a Community Circle. It only takes a few hours of commitment a month and you will be supported along the way thanks to our trained Facilitation team and online learning tools.

All you need is a willingness to actively listen, share your skills and ideas, seek out opportunities, and follow through on actions. It's really that simple to get involved and start making a positive difference today in someone's life.

Anne

"I was really touched to be invited into my friend's Jane's Circle. Jane is a keen walker but after a few falls she was looking for a walking partner. Since I love walking, we were the perfect match. It's rewarding knowing I bring peace of mind to Anne's life and we both get our exercise in too! I really love our walks together. Circles brings great joy to both of us."

